



Dear Friends,

As the situation is constantly evolving - we are constantly changing our protocols. Some of these protocols have already been in place for more than a week but others are new. We ask that you read it carefully so that everyone can continue in health and safety while fulfilling this important mitzvah.

- The Riverdale Mikvah will continue its appointment only model every night. This will allow us to stagger usage and run the pool filters between each use. We will not have more than one person (aside from the attendant and cleaning attendant) in the building using the Mikvah at a time. This adheres to the current social distancing guidelines.

Please use this link to make your appointment. If you need a spot that is not available for a personal or medical reason please call the Mikvah. We will be sure to do our best to accommodate everyone's needs.

<https://calendly.com/theriverdalemikvah/mikvah-appointment>

- Payment for mikvah visit or Bedikah cloths should be done online or by mail. Please respond to your appointment email if you need bedikah cloths so it can be ready when you arrive thereby reducing any additional time and transfer of items during your Mikvah visit. No cash or credit card transactions will take place at the Mikvah. Please pay via zelle or chase quick pay to theriverdalemikveh@gmail.com
- All Mikvah preparations must be done at home. You will not be allowed to use anything at the Mikvah - and if you do not come prepared we will have to send you home. We ask that you leave all personal belongings at home.
- Mikvah rooms and preparation rooms are being disinfected between usages. All mikvah personnel are using gloves and replacing them between cleanings. All door knobs, counters or anything coming into contact with a person is being disinfected between use. Mikvah personnel are limited at this time, to ensure minimal outside exposure (i.e. refraining from taking public transportation etc) and are asked upon arrival about their health status.
- Please come with your own personal robe and towel.
- Although not usually Halachically advised, during the current pandemic a woman may shower when arriving home.
- If you or anyone in your household has a fever, any respiratory symptoms or are experiencing any other signs of illness, we ask that you not make use of the mikvah at this time. **If you are in quarantine, ie anyone in your household has been sick with COVID-19 symptoms within the last 14 days, you may not go out to use the Mikvah.**
- **If you have tested positive for COVID-19 or you have experienced symptoms associated with COVID-19, do not return to the Mikvah until at least seven (7) full days have passed since recovery defined as resolution of fever without the use of fever-reducing medications and significant improvement of respiratory symptoms (eg., cough, shortness of breath). In addition, the first time you return to the Mikvah please request an appointment towards the end of the evening.**
- This protocol has been in place but we want to let people know that the Mikvah attendant will not be coming within 8 feet of any woman using the Mikvah. The Mikvah attendant will remain at the doorway of the Mikvah pool room and will ensure that the tevilah is kosher but will not do any further inspections - as is in line with social distancing guidelines.
- At this time, the Riverdale Mikvah is only available to local Riverdale women in the community.
- You will receive an email the day of your appointment, with a review of the most up to date procedures and a request to email back confirming you are local and that you and your family are in good health. You will also be screened upon arrival at the Mikvah to confirm your health status.

Of course, as always, please consult your Rav and physician with any specific questions you might have.

Wishing a *refuah* for all those in need - and may our commitment to mitzvot while adhering to the highest level of concern for the safety of life merit good news and continued health.